

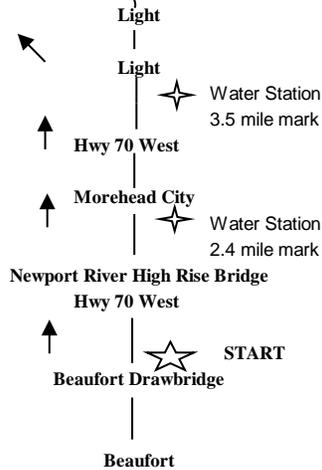
Bella Pizza & Subs
 Atlantic Beach
 High Rise Bridge
 FINISH

Twin Bridges 8K Road Race Course



**MOREHEAD CITY
 PARKS & RECREATION**

252-726-5083



Race Registration:

Race registration may be submitted at the Morehead City Parks and Recreation Department office located at 1600 Fisher Street in Morehead City. Race entry fees may be made payable to **MCPRD**.

Mail race registration to:

Morehead City Parks & Recreation Department
 706 Arendell Street
 Morehead City, NC 28557



On Friday, September 30, pre-registered runners may pick up their packets from 8:00 a.m. to 6:00 p.m. at the Morehead City Parks and Recreation Department office located at 1600 Fisher Street. Runners may also register and pick up their packets on Friday.

Race day registration and pre-registration packet pick-up will be from 6:00 a.m. until 7:15 a.m. in the Atlantic Beach Causeway Shopping Center parking lot. Race packets will include a race bib number and a T-shirt (for the first 250 entrants). No refunds will be given. T-shirts will not be mailed and must be picked up by the end of the race. Parking will be available in the Atlantic Beach Causeway Shopping Center. Bus transportation will be provided to the starting line. Please arrive early and allow time for shuttle transport. **The last starting line race shuttle will leave at 7:30 a.m.**

Entry Form

Name: _____ Age: _____ Sex: _____
 (Last) (First)
 Address: _____ Phone: _____
 City: _____ State: _____ Zip: _____
 T-Shirt Size (circle) S M L XL XXL email: _____

Entry Release and Indemnity Agreement

In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs and personal representatives against and indemnify against and will save harmless from all claims, demands, and actions against the NC Seafood Festival, its Board of Directors, Employees, Sponsors and Volunteers; the Towns of Atlantic Beach, Beaufort and Morehead City and all of their elected and appointed officials, and employees, including the Morehead City Parks and Recreation Department; the Gramercy Christian School and St. Egbert's Track Club for any injury or illness that may directly or indirectly result from my participation in the Twin Bridges 8K Road Race. I further state that I am in proper physical condition to participate in this event, and agree that none of the above parties is under any obligation to provide a physical examination or other evidence of my fitness to participate in the race, with this being my sole responsibility. I also give permission for the free use of my name and picture to any broadcast, telecast or written account of the event. I have read and understand this Release and Indemnity Agreement, and acknowledge that I have had time and opportunity to do so and to consult with anyone of my choice.

 Runner's Signature

 Parent's Signature (if runner is under 18)